

CENTRAL UNIVERSITY OF HIMACHAL PRADESH
[Established under the Central Universities Act 2009]
PO Box: 21, Dharamshala, District Kangra - 176215 (HP)
www.cuhimachal.ac.in

Course Code: SWR 455

Course Name: Social Work Profession

Credits Equivalent: 4 Credits (One credit is equivalent to 10 hours of lectures / organized classroom activity / contact hours; 5 hours of laboratory work / practical / field work / Tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives: Having successfully completed this course, a student should be able to:

- Become familiar with the core values and philosophy of social work profession and be able to imbibe these values into their professional self.
- Understand and differentiate social work and other related terms.
- Understand the context of emergence of social work as a profession.
- Understand the nature of Social work practice in different settings.

Attendance Requirements:

Students are expected to attend all lectures in order to be able to fully benefit from the course. A minimum of 75% attendance is a must failing which a student may not be permitted to appear in examination

Evaluation Criteria:

1. Mid Term Examination: 50%
2. End Term Examination: 100%
3. Continuous Internal Assessment (CIA): 50%
 - a. Assignment: 10%
 - b. Group Discussion: 20%
 - c. Presentation: 20%

Course Contents:

UNIT - I: Social Work Philosophy (12Hours)

- Concept Framework of Social Work
- Goals and Values in Social Work
- Principles of Social Work Profession and their Application
- Functions of Social Work: Remedial, Preventive and Developmental

UNIT - II: Western History of Social Work Profession (12Hours)

- Emergence of Method Approach in Social Work Practice: Factors and Contributions
- Organized and Scientific Charity
- Beginning of Social Work Education
- Ethical responsibilities in Social Work
- Attributes of a profession in Social Work

UNIT – III: Indian History of Social Work Profession (12Hours)

- Social Reform, Social Welfare and Social Work: Concept and Relationship

- Evolution of Social Work Education
- Professionalization of Social Work
- Interface between Professional and Voluntary Social Work

UNIT -IV: Indian History of Ideologies for Social Change

(12 Hours)

- Hindu Reform Movement
- Muslim reform Movement
- Gandhian Ideology and Sarvodaya Movement
- Dalit Movement

UNIT - V: Integrated Social Work Practice

(12 Hours)

- Concept and Characteristics of Social System
- System Approach to Social Work Practice
- Integrated Approach to Social Work Practice
- Role of Professional Social Worker

Prescribed Text Books:

1. Dubois, Bendra; Miley, K.K., Social Work: An Empowering Profession, Allyn & Bacon: Boston 1932.
2. Desai, Murli, Ideologies and Social Work, rawat Publications: Jaipur 2002

Suggested Extra Readings:

3. Morales, Armando: Sheafor, Bradford W., Social Work- A Profession of Many Faces. Allyn & Bacon Pub: Massachusetis 1992
4. Skidmore, Rex A. et al, Introduction to Social Work, Prentice Hall Inc: New Jersey 1974.
5. Wadia, A.R., History & Philosophy of Social Work in India, Allied Pub: Bombay 1986.
6. P.D. Mishra, Beena Misra Social Work Profession in India, New Royal Book Co. Lucknow.

DEPARTMENT OF SOCIAL WORK
CENTRAL UNIVERSITY OF HIMACHAL PRADESH



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PO BOX: 21, DHARAMSHALA, DISTRICT KANGRA - 176215
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Course Code: **SWR 405**

Course Name: **BASICS OF RESEARCH METHODOLOGY**

Credits Equivalent: 2 Credits (One credit is equivalent to 10 hours of lectures / organised classroom activity / contact hours; 5 hours of laboratory work / practical / field work / Tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives: The course is designed to

- Develop an understanding about the scientific approach to human inquiry.
- Develop an appreciation of the value and approach in research in addressing problems in the field of professional practice.
- Develop attitudes and skills appropriate for research.
- Acquire the skills for data analyses and research writing.

Attendance Requirements:

Students are expected to attend all lectures in order to be able to fully benefit from the course. A minimum of 75% attendance is a must failing which a student may not be permitted to appear in examination.

Evaluation Criteria:

1. Mid Term Examination: 25%
2. End Term Examination: 50%
3. Continuous Internal Assessment: 25%
 - Presentation: 5%
 - Assignment: 5%

- Project Work: 15%

Course Contents:

UNIT - I: Research: Nature & Concept

(7 Hours)

- Nature of Scientific Methods and its Application to Social Phenomenon
- Types of Research: Historical, Descriptive, Analytical, Experimental, Interdisciplinary, Evaluative, Participative and Action Research
- Concepts in Research: Variable, Concept, Universe, Sampling, Hypothesis, Theory & Fact, Model & Paradigm

UNIT - II: Research Process and Sampling

(7 Hours)

- Steps in the Process of Research - Problem Selection, Formulation and Planning
- Problem formulation: Identification Probable Issue for Research, Selection Specific Research Issue, Formulation of Objectives, Clarifying the Objectives.

- Probability Sampling: Simple Random Sampling, Proportionate and Disproportionate Stratified Random Sampling, Cluster Sampling.
- Non-Probability Sampling: Accidental Sampling, Quota Sampling, Purposive Sampling, Snowball Sampling.

UNIT - III: Hypotheses, Methods and Tools of Data Collection (6 Hours)

- Hypotheses: Nature, Characteristics, Sources & Types
- Tools of Data Collection: Primary & Secondary, Observation, Interview Schedule, Questionnaire, Types and Formats.
- Rating Scales

UNIT - IV: Research Designs (5 Hours)

- Research Design: Concept and Types
- Qualitative and Quantitative Research Designs (Including Case study Method); Participatory Research (RRA / PRA / PLA).
- Report Writing

UNIT - V: Statistical Analysis (5 Hours)

- Graphic and Diagrammatic Presentation
- Descriptive Statistics: Measurement of Central Tendency, Dispersion, Skewness, Kurtosis, Regression and Correlation
- Measurement of Correlation: Karl Pearson's Correlation and Rank Correlation
- Statistical Inference: Point and interval estimates, Parametric and Non Parametric Test (Chi-Square, Test of Differences, Significance and Freedom).

Prescribed Text Books:

1. Kumar, Ranjit. 2014. *Research Methodology: A Step-by-Step Guide for Beginners*. New Delhi, Sage Publications India Pvt Ltd.

2. Taylor, Bill; Sinha, G. & Ghosal, T. 2006. (Eastern Economy Edition) **Research Methodology: A Guide for Researchers in Management & Social Sciences**, New Delhi, PHI Learning Pvt. Ltd
3. Krishnaswamy, O. R., and M. Ranganatham. 2010. **Methodology of Research in Social Sciences**. Mumbai: Himalaya Pub. House.
4. Rubin, Allen. 2016. **Research Methods for Social Work**. [S.I.]: Cengage Learning.
5. Shaw, Ian. 2013. **The SAGE Handbook of Social Work Research**. Los Angeles, Calif: SAGE.
6. Shaw, Ian, and Nick Gould. 2001. **Qualitative Research in Social Work**. London: Sage.

Suggested Extra Readings:

7. Wilkinson, T.S., and D.K. Laldas. 2010. **Methodology & Techniques of Social Research**. Himalaya Publishing House.
8. Laldas, D. K. 2004. **Practice of Social Research**. Jaipur: Rawat.

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Course Code: SWR 408

Course Name: Community Organization

Credits Equivalent: 4 Credits (One credit is equivalent to 10 hours of lectures / organized classroom activity / contact hours; 5 hours of laboratory work / practical / field work / Tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives: Having successfully completed this course, a student should be able to:

- Develop understanding regarding community organization as a method of social work
- Understand the critical elements of community organization practice
- Enhance the understanding of the roles of the agencies and community organizer
- Enhance critical understanding of the models and strategies for community organization
- Develop perspective and skills for participatory processes in the community and civil society

Attendance Requirements:

Students are expected to attend all lectures in order to be able to fully benefit from the course. A minimum of 75% attendance is a must failing which a student may not be permitted to appear in examination

Evaluation Criteria:

4. Mid Term Examination: 25%
5. End Term Examination: 50%
6. Continuous Internal Assessment (CIA): 25%
 - a. Assignment: 05%
 - b. Group Discussion: 10%
 - c. Presentation: 10%

Course Contents:

UNIT - I: Basic Conceptual Framework

(8 Hours)

- Concept and Relevance of community in Social Work
- Community Work: Definition, Nature, Scope and Objectives
- Process of Community Work

- Community Work, Community Organization and Community Development

UNIT - II: Community Organization

(8 Hours)

- Community Organization
- Steps in Community Organization
- Basic Assumptions of Community Organization
- Principles and Skills of Community Organization

UNIT – III: Approaches and Models in Community Organization

(8Hours)

- Approaches
- Models of Community Organization
- Strategies of Community Organization
- Peoples Participation

UNIT -IV: Community Organization and Practice

(8 Hours)

- Networking and Coordination : Rationale ,Meaning and Scope
- Role of Community Worker
- Intervention of NGO's
- Government intervention in Community Organization.

UNIT - IV: Social Action

(8 Hours)

- Social Action :Concept ,Objectives and Scope
- Principles of Social Action
- Tactics and Methods of Social Action
- Social Action and Community Organization

Prescribed Text Books:

7. Siddiqui, H.Y. (1997), Working with Communities, New Delhi, Hira Publications: New Delhi.
8. Ross. M. G., Community Organization, Harper Press :New York.

Suggested Extra Readings:

9. Siddiqui, H.Y., Social Work & Social Action, Har Nam Publications: New Delhi.
10. Goel S.L;Jain,R.K., Social Welfare Administration Vol.2, Deep &Deep Publications: New Delhi
11. Mukherji.B., Community Development in India, Orient Longman :New Delhi.

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Course Code: SWR 704

Course Name: Human Growth and Development

Credits Equivalent: 4 Credits (One credit is equivalent to 10 hours of lectures / organised classroom activity / contact hours; 5 hours of laboratory work / practical / field work / tutorial / teacher-led activity and 15 hours of other workload such as independent individual/ group work; obligatory/ optional work placement; literature survey/ library work; data collection/ field work; writing of papers/ projects/dissertation/thesis; seminars, etc.)

Course Objectives:The course is designed to

- Learn to apply Concepts and Theories of Psychology
- Develop a Critical Perspective of the Theories of Human Behavior and Personality.
- Understand the Nature and Development of Human Behaviour in Socio-Cultural Context.

Attendance Requirement:

Students are expected to attend all lectures in order to be able to fully benefit from the course. A minimum of 75% attendance is a must failing which a student may not be permitted to appear in examination.

Evaluation Criteria:

7. Mid Term Examination: 25%
8. End Term Examination: 50%
9. Continuous Internal Assessment (CIA): 25%
 - a) Presentation: 10%
 - b) Spot Test: 10%
 - c) Assignments: 5%

Course Contents:

UNIT - I:Socio- Cultural Environment, Human Behaviour, Growth & Development (8 Hours)

- Psychology: Meaning, Concept and its Branches

- Determinants of Human Behavior: Heredity & Environment
- Life Span Perspective of Human Development
- Role of Social Institution and Group in Shaping Human Behavior
- Understanding Human Behavior: Cross Cultural Perspective

UNIT- II: Basic Psychological Process

(10 Hours)

- 1) Concept and Theories of
 - Cognition and Learning
 - Motivation, Emotion and Intelligence

- 2) Theories of Personality
 - Psychoanalytic Theories of Personality: Freud, Erikson and Adler
 - Behavioural Theories: Miller and Bandura
 - Humanistic Theories: Rogers and Maslow

UNIT- III: Mental Health and Process: Development & Assessment

(8 Hours)

- Mental Health
- Mental Retardation
- Defense Mechanism
- Psychological Testing

UNIT - IV: Abnormal Psychology

Hours)

(8

- Abnormal Psychology
- Etiological Factors of Mental Illness
- Types of Mental Disorders
- Therapeutic Process

UNIT – V: Social Psychology

(10 Hours)

- Social Psychology
- Attitude: Formation, Change and Measurement
- Prejudice, Stereotypes and Discrimination:
- Collective Behaviour: Crowd, Riot and Rebellion.

Prescribed Text Books:

1. Baron, A. Robert and Byrne, D., (2010), Social Psychology, New Delhi, Pearson Publications.
2. Morgan, C.Tand King, R.A.,(2007), An Introduction to Psychology, New Delhi, Tata McGraw Hill.
3. Baron, A. Robert, (2001), Psychology,New Delhi, Pearson Publications.
4. Ahuja,Niraj. (2002), A Short Textbook of Psychiatry, New Delhi, Jaypee Brothers

Suggested Additional Readings:

5. Park, K., (2010), Textbook of Preventive and Social Medicine, Jabalpur, BarnarsidassBhanot Publishers
6. Page J.D., (2010), Abnormal Psychology, New Delhi, Tata McGraw Hill.