

MEMORANDUM OF UNDERSTANDING (MoU)

Between



**CENTRAL UNIVERSITY OF HIMACHAL PRADESH,
DHARAMSHALA, HIMACHAL PRADESH (INDIA)**

&



VIVEKANANDA KENDRA KANYAKUMARI (VKK)

This MoU is entered into on the 17 June 2022 between VKK and CUHP. The Central University of Himachal Pradesh is established under the Central Universities Act 2009 (No. 25 of 2009) enacted by the Parliament of India. The University is funded and regulated by the University Grants Commission (UGC). The University became functional on 20 January 2010.

Vivekananda Rock Memorial and Vivekananda Kendra in short Vivekananda Kendra - a spiritually oriented service organisation registered under Societies Registration Act, 1860 (Reg. No. 34 of 1963) having registered office at 5 Singarachari Street Triplicane, Chennai 600005 and Administrative Office at Vivekanandapuram, Kanyakumari-629702 is engaged in various social service activities like Education, Rural Development, Tribal Upliftment, Yoga, Renewable Energy Resources etc. VKK is engaged in the field of Yoga for more than 45 years conducting various Yoga based courses for all sections and age groups of the society.

OBJECTIVES OF THE MOU

The Objectives of MoU are:

1. To train Yoga Teachers by conducting Yoga Certificate Course.
2. To Sharpen teaching and learning skills of Yoga
3. To introduce traditional Yoga texts to the yoga Teachers
4. To conduct Residential and Non Residential Yoga courses all over Himachal Pradesh.
5. The MoU is purely for the purpose of spreading the message of Yoga in all its dimensions.
6. To encourage and promote deeper studies in Yogic knowledge.
7. To promote yoga as an Art and Science to build values in life and thereby build a value based society.
8. To conduct various Yoga oriented courses for students and staff.
9. To conduct various Yoga oriented courses for students and staff of various departments, colleges and institutions affiliated and managed by Central University.
10. To Conduct Yoga courses for general public under the banner of VKK and CUHP.

Signature

Signature

कुलसचिव / Registrar
हिमाचल प्रदेश केन्द्रीय विश्वविद्यालय
Central University of Himachal Pradesh

Technical Areas of Collaboration

1. To expose the candidates to the various aspects of utilities of Yoga in present times
2. To impart professional skills to a Yoga teacher
3. To organise Yoga based Personality development courses and camps
4. To impart Yoga training to improve health of the participants.
5. Take yoga as a tool for a better living in tune with nature.
6. Yoga as a way of life oriented to Dharma.
7. Participants can write various examinations conducted by Yoga Certificate Board (YCB) under Ministry of AYUSH, as per YCB syllabus.

Syllabus - Practical

Breathing practices, Sukshma Vyayamas, Sithilikarana Vyayamas, Suryanamaskara, Yoga Asanas, Kriyas, Pranayama and Meditation Technics.

Syllabus - Theory

In depth study of above practices. Basic Yoga texts, the four Yogas, Patanjali Yoga Sutras, Indian Culture and Swami Vivekananda.

A detailed unit wise syllabus with a time schedule will be prepared by mutual consultations between VKK and CUHP.

The examination and evaluation procedures will also be prepared by mutual consultation.

Terms and Conditions

1. Vivekananda Kendra will provide the experts and course material. In order to meet all the expenses, a nominal registration/admission fee, course fee and examination fee will be received from the participants by Vivekananda Kendra.
2. Sharing of infrastructure and Laboratory facilities free of cost to extend the collaborative activities, examinations between two parties.
3. Exchange of faculty and students between both the parties for the mutual benefits of either of the institutions.
4. The course fee may vary from place to place and time to time.
5. The entire process of teaching and training will be monitored by VKK and CUHP.
6. Both VKK and CUHP agree to extend full support to maintain the highest standards of certification.
7. This MoU can be amended, renewed and terminated by written agreement of VKK and CUHP.




Confidentiality

The matter being confidential, both VKK and CUHP agree mutually to maintain confidentiality with regards to all information / data designed.

The above confidential clause is applicable to all the Yoga Courses involving assessments and certification by VKK and CUHP.

Duration of the MoU

The MOU, unless extended by mutual written consent of the VKK and CUHP shall expire in FIVE years after the effective date specified in the opening paragraph.

Coordinators

The CUHP will appoint a Course Director for a specific period as deemed fit by it whereas the Course Coordinator will be appointed by VKK only.

Issuing of Certificate

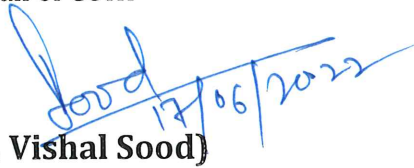
The course certificates, if any, will be issued only to the successful candidates, who are qualified to teach / instruct / impart Yoga practices.

The course certificate will be signed by both the Course Director and the Course Coordinator having both the logos of CUHP and VKK.

Signed in duplicate

This MoU is executed in duplicate with each copy being an official document and having equal legal validity.

On behalf of CUHP


17/06/2022

(Prof. Vishal Sood)

Registrar

कुलसचिव / Registrar
हिमाचल प्रदेश केन्द्रीय विश्वविद्यालय
Central University of Himachal Pradesh

On behalf of VKK



(Sh. Satish Sagar)

Nagar Sanchalak, VKK Shimla