



# Central University of Himachal Pradesh

Established under Central Universities Act 2009)

## DEPARTMENT OF SOCIAL WORK

~ Best Practices~

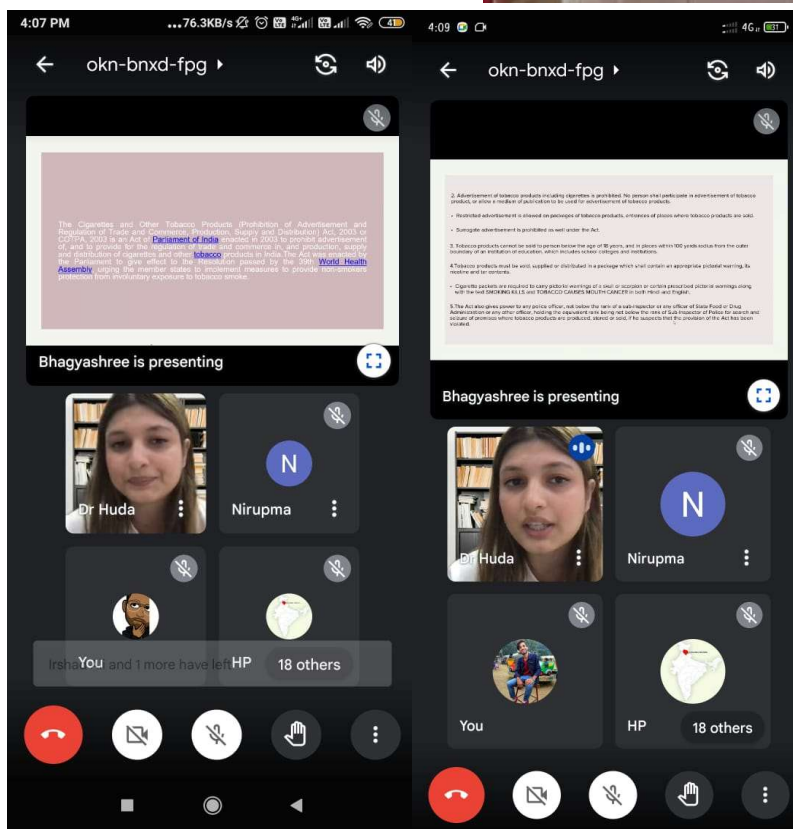
### **A Series of Activities Organized on Cigarettes and other Tobacco Products Act (COTPA)**

A series of activities were organized by Department of Social Work in collaboration with Nada India Foundation (agency advocating balanced and healthy public policies) on Cigarettes and Other Tobacco Products Act (COTPA) to sensitize the students of Master of Social Work course about COTPA. Students are also thought with the subject of Social Work Practice in Drugs De-addiction. The details of activities organized are given below:

1. Online session on COTPA 2003 and its amendments
2. Awareness drive on COTPA
3. Meeting with MLA
4. Interactive session on Flaws in COTPA 2003 and Recommendations for COTPA amendment bill 2020 by Nada India Foundation officials.
5. State Level Media Consulation on COTPA
6. Writing Letters to the Prime Minister, Health Minister and Local MLA (in various languages) suggesting various ammendaments in the COTPA Bill that was going to introduced in the parliament.
7. India Youth Advocacy Training on Cigarettes and Other Tobacco Products Act (COTPA)  
Dated 17-05-2022

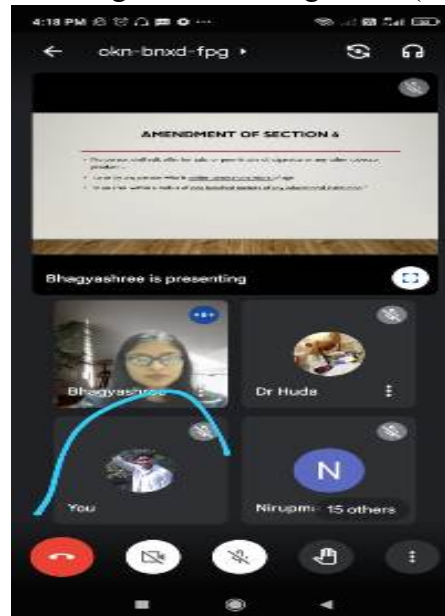
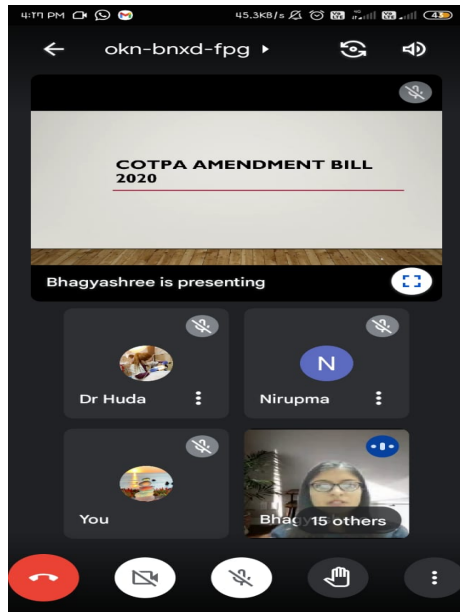
## ACTIVITY NO.1 “Online Session on COTPA 2003 and its amendments”

A virtual session on COTPA 2003 and its amendments was organised by Nada India Foundation in collaboration with Department of Social Work on Friday 12<sup>th</sup> November 2021 from 4:00PM-5:00PM as a part of series of activities on COTPA. The speakers at this time were Dr.Bhagyashree Kaushal and Dr. Huda Aziz. The state coordinator of Himachal Pradesh (Nada India Foundation)Mr.Mangal Singh was the chief coordinator of program. Mangal Singh welcomed both speakers on the behalf of Nada India Foundation. Firstly, Dr.Huda Aziz presented a insightful presentation on COTPA 2003 and its provisions. While addressing the students Dr.Huda shared the reasons to bring an act on Prohibition of Advertisement and Regulation of trade and commerce , production,supply and distribution of Tobacco products. She discussed various provisions of COTPA 2003 like section 6 of act deals with prohibition on sale of tobacco products to person below 18 years of age and in places within 100 yards radius from the outer boundary of educatinal institutions .



### Dr.Huda Aziz presenting a presentation on COTPA 2003 dated on 12-11-2021

After a insightful session by Dr.Huda Aziz ,Dr.Bhagyashree presented a presentation on COTPA amendment bill 2020. She emphasized on amendments in various provisions of COTPA 2003 to be made like Amendment in section 4 of COTPA 2003 which deals with the provision on total ban on Designated Smoking Areas (DSA).



### Dr.Bhagyashree presenting on 12-11-2021

On completion of presentation of both speakers,Mr. Mangal Singh (Chief coordinator) invited all the participants for Group discussion in order to address their queries and suggestions . Students of MSW actively participated in the group discussion where everyone gave their suggestions for the better implementation of COTPA.

#### Learning Outcomes:

Students become aware of COTPA 2003and its amendments.

Students got oportunity to participate in Group discussion.

Students familiarised with various good suggestions of different participants about a topic

Students become aware of COTPA 2003and its amendments.

Mr.Mangal Singh anchored the program. Dr. Huda Aziz and Dr. Bhagyashree Kaushal presented their presentation on COTPA 2003 and its amendments. Atlast, Mangal Singh offered a vote of thanks to both the speakers. All the students of MSW 1<sup>st</sup> semester and two students of MSW 3<sup>rd</sup> semester attended the session.

<u>Students Attendance</u>			
Sr.No.	Roll No.	Name	Semester
1	CUHP21MSW01	Abhimanyu	1st
2	CUHP21MSW02	Bhawana Sharma	1st
3	CUHP21MSW03	Deeksha	1st
4	CUHP21MSW04	Kartar Singh	1st
5	CUHP21MSW05	Kunzang Lhamo	1st
6	CUHP21MSW06	Monis Imam	1st
7	CUHP21MSW07	Nikita	1st
8	CUHP21MSW08	Nirupma Singh	1st
9	CUHP21MSW09	Nishant Sharma	1st
10	CUHP21MSW10	Sunita	1st
11	CUHP21MSW11	Tauseef Ansari	1st
12	CUHP21MSW12	Yogesh keer	1st
13	CUHP20MSW01	Anchal	3rd
14	CUHP20MSW02	Anunai	3rd

## ACTIVITY NO. 2 - AWARENESS DRIVE ABOUT COTPA

The drive was organized by the department in collaboration with NADA INDIA FOUNDATION on 11<sup>th</sup> November 112021. Mr. Mangal Singh was the coordinator of the programme.

The objective of the programme was to give a field exposure to MSW students so that they could get sensitized about ways to work on field efficiently. In this drive student trainees were tasked to visit at least 3 schools regarding the implementation of COTPA in the school campus. Trainees interacted with the students of the school and also the facilities about the COTPA act implementation in their school campus.

OBSERVATIONS: -There was a board of no smoking placed on the walls of some schools and some of them didn't have any such implementation of COTPA in the campus. Some staff members were aware about COTPA act and all of them were in support for the ammendment in COTPA. Students were not aware about COTPA(2003) and its amendments.

LEARNING OUTCOMES: -

Trainees learnt how to influence and adress other.

Trainees learnt how to interact with other and how to speak fluently.

Trainees learnt about the importance of active listening.

Trainees learnt about summarizing the data collected during the field work.

### EVIDENCES OF ACTIVITY



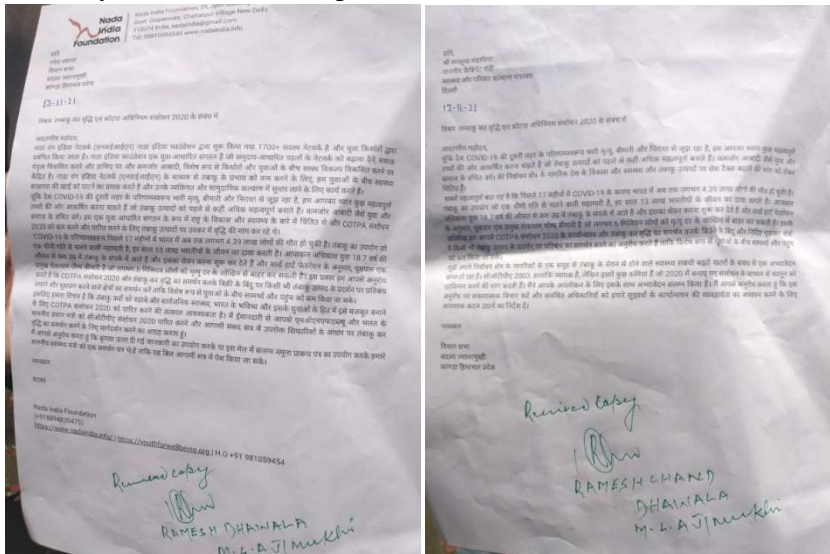


Dated – 11-11-2021

### Activity No.3 MEETING WITH MLA

The meeting was organized with MLA Jwalaji on Saturday 13<sup>th</sup> NOV 2021 as a part of series of activities organized on COTPA. Students interacted with the MLA Sh. Ramesh Dhawala regarding the implementation of COTPA in his constituency.

They shared the details of COTPA implementation in different schools in his constituency. At last they forwarded a request letter to the MLA and to the Hon'ble Union Health Minister.





### **Ramesh Dhwala MLA Jawalamukhi Kangra Himachal Pradesh with NYIN members**

Dated-13-11-2021

#### **Activity no. 4 “Interactive session on Flaws in COTPA 2003 and Recommendations for COTPA amendment bill 2020 by Nada India Foundation officials”**

An interactive session was organized on Tuesday 16<sup>th</sup> November 2021 at Sapt Sindhu Parisar, Central University of Himachal Pradesh Dehra (H.P) organized by Deptt.of Social Work in collaboration with Nada India Foundation officials in order to have interaction of MSW students with the officials of Nada. The chief speaker at this time was Mr.Santosh Joy, Media consultant of Nada India Foundation accompanied by Mr.Mangal Singh,State Coordinator(H.P).Dr. Shabab Ahmad, Assistant Professor welcomed Mr.Santosh Joy and Mr.Mangal Singh.



**Dr.Shabab Ahmad welcoming guest speakers on dated 16-11-2021(Dept.of Social Work)**

Dr.Shabab Ahmad gave his introductory speech and then offered the floor to Mr.Santosh Joy.Mr.Santosh Joy discussed about various flaws in COTPA 2003.He discussed about the issue of surrogated advertisement as a major challenge in COTPA implementation. He focussed on

various loopholes in COTPA 2003 which are misused by manufacturing companies. Students also asked queries related to topic and he addressed them. He then shared some of the proposals of Nada India Foundation to COTPA amendment bill. He also discussed some of the possible solutions to provide job opportunities to various workers manufacturing bidis and other tobacco products.



Mr. Santosh Joy addressing students on 16-11-2021 (Dept. of Social Work)

Mr. Mangal Singh discussed about Nada India Foundation and its advocacy on COTPA. He suggested students to join State Level Media Consultation on COTPA to be held on 17<sup>th</sup> November 2021. He briefed students about the programme and shared the details of venue timing of programme.



Mr. Mangal Singh addressing students on 16-11-2021 (Dept. of Social Work)

### **Learning Outcomes:**

Students learnt about flaws in COTPA 2003.

Students got a fair idea of the various aspects related to new recommendations.

Students got a opportunity to interact with media expert.

Students learnt about the role of social worker in Nada India Foundation and in general, what role social workers can play in curbing social problems.

Atlast, Mr. Mangal Singh thanked all the students for attending session and called for group photograph. Dr. Shabab Ahmad offered a vote of thanks to both the speakers. MSW 1<sup>st</sup> and 3<sup>rd</sup> semester students attended the session.



**Total students attended the session-16**

<u>Students Attendance</u>			
Sr.No.	Roll No.	Name	Semester
1	CUHP21MSW01	Abhimanyu	1st
2	CUHP21MSW02	Bhawana Sharma	1st
3	CUHP21MSW03	Deeksha	1st
4	CUHP21MSW04	Kartar Singh	1st
5	CUHP21MSW05	Kunzang Lhamo	1st
6	CUHP21MSW06	Monis Imam	1st
7	CUHP21MSW07	Nikita	1st
8	CUHP21MSW08	Nirupma Singh	1st
9	CUHP21MSW09	Nishant Sharma	1st
10	CUHP21MSW10	Sunita	1st
11	CUHP21MSW11	Tauseef Ansari	1st
12	CUHP21MSW12	Yogesh keer	1st
13	CUHP20MSW01	Anchal	3rd
14	CUHP20MSW02	Anunai	3rd
15	CUHP20MSW11	Pallavi	3rd
16	CUHP20MSW12	Rohan	3rd



**Sapt Sindhu Parisar, Central University of Himachal Pradesh Dehra(H.P) on Dated 16-11-12**

**ACTIVITY NO. 5 “State Level Media Consulation on COTPA”**

The event was organized by Nada India foundation on Wednesday 17<sup>th</sup> November 2021 at Dharamsala to engage various stakeholders regarding COTPA and its amendments. The Chief guest for the event was Chief Medical Officer(CMO).Mr. Mangal Singh and Miss.Divyanshi were coordinator of the event.

**Panelists for the event**

- Dr.Shabab Ahmad, Assistant Professor (CUHP)
- Dr.Naveen Katoch, Programme Officer (Health Department)

- Dr.Vijay , Social Development worker
- Mr.Sunil Chaddha, Distt.Kangra head(Amar Ujala)
- Mr.Pawan Sharma, Journalist (Divya Himachal)
- Mr.Gopal puri, Senior Journalist



The event started with the lecture by chief guest on COTPA and problems faced by administration in its implementation. Then, the discussion started on the role of corporates and manufacturing firms on promoting the tobacco use. Dr. Vijay explained that how corporate sector targeting the specific age groups with their profit making strategies. He emphasized on the fact that inclusive pressure need to be built on industries for better regulation. Media experts admitted that there is no heat on the issue of COTPA regulation in country. Chief guest shared a fact that nicotine is very addicted substance. Dr. Shabab Ahmad recommended the media experts to have separate column in newspapers where researchers and academicians can publish their findings and reports.

#### Recommendations by various stakeholders

- Social problems can be countered by overall participation of society.
- Engaging students and social workers can give positive results.
- Media can play pivotal role in raising awareness about COTPA and other policies.
- By making anti-tobacco activities part of life .
- Long term thinking( by knowing the consequences of any act we are doing can help to know the realities)



**Chief guest delivering lecture by CMO to Media**



**Discussion on COTPA by panelists**

After the discussion was over, students and other participants were invited in order to ask some questions. Students participated and asked their questions.



Later students wrote a letter to Hon'ble Prime Minister of India and Hon'ble Union Health Minister regarding the serious social problem of tobacco addiction and gave their suggestions and recommendations to implement COTPA in country.



**Students writing a letter to PM and Union Health Minister**

To,  
 The Hon'ble Prime Minister and Minister of Health  
 Prime Minister's Office  
 Raisina Hill  
 17/11/2021  
 Respected Sir,  
 Subject: Regarding amendments to the COTPA Act of 2003 in the COTPA Act 2003.

S. Kunguz Chamo, student of Master of Social Work in Central University of Himachal Pradesh along to Lahaul & Spiti district, Himachal Pradesh want to include following points in the COTPA Act 2003 in the following -

- 1) Specific compensation can be applied on tobacco products
- 2) Increase the total tax burden on all tobacco products
- 3) Designated smoking areas / DSAs should be closed in public areas and allow smoking privately only.
- 4) Show the consequences of smoking in social media rather than advertising the product.

I hope you will consider above points.  
 Thanking you  
 Sincerely  
 Kunguz Chamo, MSW, Central University of Himachal Pradesh

श्रीमान्  
 प्रधानमंत्री जी,  
 स्वास्थ्य विभाग  
 राईसिन हिल  
 दिल्ली - 110011/2021

विषय :- COTPA अधिनियम (2003) का संशोधन आदेश

17 नवंबर 2021

श्रीमान् जी,

मैं केंद्रीय विश्वविद्यालय हिमाचल प्रदेश का समाजिक कार्य की पढ़ाई कर रही हूँ, मैं अपनी शर्तों को ध्यान में रखते हुए कि COTPA अधिनियम (2003) का संशोधन आदेश तैयार कर रही हूँ। मैं निम्नी शर्तों को ध्यान में रखते हुए, विश्वविद्यालय में, आस-पासों तथा अन्य जगहों में COTPA अधिनियम (2003) का संशोधन आदेश तैयार कर रही हूँ।

1. विशेष संशोधन को लागू करने पर ध्यान देना।
2. सभी संशोधन को लागू करने पर ध्यान देना।
3. निर्धारित क्षेत्रों में धूम्रपान करने से निषेध करना।
4. निर्धारित क्षेत्रों में धूम्रपान करने से निषेध करना।

मैं उम्मीद करती हूँ कि आप इन सुझावों को ध्यान में रखकर COTPA अधिनियम (2003) का संशोधन आदेश तैयार करेंगे।

धन्यवाद  
 S. Kunguz Chamo, MSW, Central University of Himachal Pradesh

श्रीमान् जी,  
 प्रधानमंत्री जी,  
 स्वास्थ्य विभाग  
 राईसिन हिल  
 दिल्ली - 110011/2021

विषय :- COTPA अधिनियम (2003) का संशोधन आदेश

17 नवंबर 2021

श्रीमान् जी,

मैं केंद्रीय विश्वविद्यालय हिमाचल प्रदेश का समाजिक कार्य की पढ़ाई कर रही हूँ, मैं अपनी शर्तों को ध्यान में रखते हुए कि COTPA अधिनियम (2003) का संशोधन आदेश तैयार कर रही हूँ। मैं निम्नी शर्तों को ध्यान में रखते हुए, विश्वविद्यालय में, आस-पासों तथा अन्य जगहों में COTPA अधिनियम (2003) का संशोधन आदेश तैयार कर रही हूँ।

1. विशेष संशोधन को लागू करने पर ध्यान देना।
2. सभी संशोधन को लागू करने पर ध्यान देना।
3. निर्धारित क्षेत्रों में धूम्रपान करने से निषेध करना।
4. निर्धारित क्षेत्रों में धूम्रपान करने से निषेध करना।

मैं उम्मीद करती हूँ कि आप इन सुझावों को ध्यान में रखकर COTPA अधिनियम (2003) का संशोधन आदेश तैयार करेंगे।

धन्यवाद  
 S. Kunguz Chamo, MSW, Central University of Himachal Pradesh

جناب  
 وزیر صحت  
 حکومت ہند  
 وزارت صحت و تندرستی  
 حکومت ہند

Subject: Regarding amendments to the COTPA Act of 2003 in the COTPA Act 2003.

S. Kunguz Chamo, student of Master of Social Work, Central University of Himachal Pradesh from Lahaul & Spiti district, Himachal Pradesh want to bring your attention to the suggested amendments to the COTPA Act 2003. I want you to consider following points in the COTPA Amendment Act 2021.

- Display consequences of smoking in advertisements on social media instead of promoting tobacco products.
- Increase total tax burden on all tobacco products.
- Provide an alternative or health skill-based courses in areas where people are dependent on tobacco cultivation.

I hope you will consider above points.  
 Thanking you  
 Yours sincerely  
 Kunguz Chamo, MSW, Central University of Himachal Pradesh

**Letters written (11 Languages) by students To Hon'ble PM and Hon'ble Union Health Minister and Local MLA (in various languages) suggesting various ammendaments in the COTPA Bill that was going to introduced in the parliament.**

**Learning outcomes:**

- Students got perspectives and view point of different stakeholders.
  - Students got a opportunity to enhance their professional skills.
  - Students learnt about possible solutions for the better implementation of COTPA.
- Mr.Santosh Joy anchored the programme.Panelists were from different backgrounds. Mr.Santosh and Mr. Mangal offered a vote of thanks to all the stakeholders for attending the event.Students of MSW 1<sup>st</sup> and MSW 3<sup>rd</sup> semester attended the event.

<u>Students Attendance</u>			
Sr.No.	Roll No.	Name	Semester
1	CUHP21MSW01	Abhimanyu	1st
2	CUHP21MSW02	Bhawana Sharma	1st
3	CUHP21MSW03	Deeksha	1st
4	CUHP21MSW04	Kartar Singh	1st
5	CUHP21MSW05	Kunzang Lhamo	1st
6	CUHP21MSW06	Monis Imam	1st
7	CUHP21MSW07	Nikita	1st
8	CUHP21MSW08	Nirupma Singh	1st
9	CUHP21MSW09	Nishant Sharma	1st
10	CUHP21MSW10	Sunita	1st
11	CUHP21MSW11	Tauseef Ansari	1st
12	CUHP21MSW12	Yogesh keer	1st
13	CUHP20MSW01	Anchal	3rd
14	CUHP20MSW02	Anunai	3rd



**Students participated in State level Media Consultation on COTPA at Dharmsala on dated 17-11-2021**

**India Youth Advocacy Training**

## ACTIVITY 7 : India Youth Advocacy Training on Cigarettes and Other Tobacco Products Act (COTPA)

Organized by – NADA India,  
New Delhi. Dated 17-05-2022



Students of MSW II semester of Department of Social Work, Central University of Himachal Pradesh named Deeksha, enrollment number CUHP21MSW03 and Nishant Sharma, enrollment number CUHP21MSW09 attended the India Youth Advocacy Training program at New Delhi on May 17, 2022. The training programme was organized by the Campaign for Tobacco-free Kids (CTFK) country team with the following objectives: a). train youth advocates in tobacco control advocacy, specifically in how youth advocacy can create policy-level change. b). develop state level and a national joint action plan for youth advocacy action around the Cigarettes and Other Tobacco Products Act (COTPA) amendment.



Shabab Ahmad &lt;shababahmad@hpcu.ac.in&gt;

**Youth leader's meeting in Delhi on 17th May**

1 message

HP YOUNG INDIA <youngindiahp@gmail.com>  
To: shababahmad@hpcu.ac.in

Fri, May 6, 2022 at 4:07 PM

Respected sir

Dear All,

In order to develop a collective understanding of our youth work, CTFK Country team is inviting two youth leaders from each state (project area) along with mobilizers to facilitate their better understanding of youth framework and their role in tobacco control.

From Nada team, we expect the following participants:

- Nada Team: Suneel, Amla, Pallavi, Mangal, Deepshikha, Deewanshi, Akshay will be reimbursed (Outstation only) by Nada India
- Punjab: One women and one man volunteer
- Haryana: 2 youth leaders (one man, one woman)
- Himachal: 2 youth leaders (one man, one woman)

sir as per field work orientation and supervision we glad to inform you that Diksha and Nishant selected by the team as peer leaders . Both have performed good during the activities . this is part of growth and incentive .also it will increase the motivation of other enrolled students of the university.

looking further

with regards

mangal singh

State coordinato HP &amp; Punjab

At  
Gc