

Curriculum vitae

Dr.VIKAS NADDA

Personal Details

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Himachal Pradesh.
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Citizenship India

Professional Qualifications

Himachal Pradesh University Summerhill Shimla
[2003 - 2006]
BA

Himachal Pradesh University Summerhill Shimla
[2011 - 2013]
MA with Yoga Studies

Mahatma Gandhi Chitrakoot Gramodaya Vishwavidyalaya, Satna (M.P)
Ph.D in Yoga Studies

UGC-NET qualified
Academic session 2018 - 2019

Invited Seminars and Invited Conference Presentations (last 5 years)

“Relevance and Importance of Yoga in Present Scenario” {17-19 June,2020} Department of Yogic Science, Gurukul Kangri Vishwavidyalaya, Haridwar.

“Yogic Solution to Mental Problems Arising During Corona Crisis & Lockdown Period” {09-10 May, 2020} Department of Yogic Science Uttarakhand Sanskrit University, Bahadarabad, Haridwar.

“Recent Trends in Interdisciplinary Research” {09-10 September, 2019} Paramhansa Yogananda International Conference, Deptt. of Visual Arts, H.P. University, Shimla & Pratibha Spandan Society, Shimla.

“Developing Human Values through Yoga” {24-25 Feb, 2018} 4th International Conference, Indian Association of Yoga New Delhi & Deptt. of Yogic Science, Uttarakhand Sanskrit University, Haridwar

“Social Transformation through Yoga” {25-26 March, 2017} International Conference, Indian Association of Yoga New Delhi

“Innovative Trends for Professional Skill Development in Yogic Science” {27-28 March, 2017} National Seminar, Deptt. of Human Consciousness and Yogic Science, Gurukul Kangri Vishwavidyalaya, Haridwar & Ministry of AYUSH, Govt. of India.

Chandigarh Yoga Fest {17-19 March, 2017} Ministry of AYUSH, Govt. of India & International Brahmishi Mission, Chandigarh.

International Yoga Fest {08-09 March,2017} Morarji Desai National Institute of Yoga, Ministry of AYUSH, Govt. of India.

“Yoga and Holistic Health” {15 feb, 2017} National Seminar, Brahmurishi Yoga Training College & Metaphysical Science Research Institute Sec-19-A Chandigarh.

Teaching

Yoga Philosophy and History

Publications

Research Papers in Peer-Reviewed, UGC listed or SCOPUS Journal

1. (2018). शिवसंहिता व घेरण्डसंहिता में वर्णित हठयोग के आसन प्रकरण की तुलना, Shabdarnav, 8, 239-241. ISSN No 2395-5104.
2. (2018). हठयोग की वर्तमान समय में प्रासंगिकता, Vedanjali 10, 293-295 .
ISSN No 2349-364X.
3. (2021). सामाजिक पुनर्रचना में योग की भूमिका. Janmat Power National Research Journal, AUG-2021, 80-83. ISSN No 2582-6557.
4. (2021). हठयोग ग्रंथों में षट्कर्म का महत्त्व., 40, Janmat Power National Research Journal, SEP-2021, 85-89. ISSN No 2582-6557.
5. (2021). पर्यटन में योग की उपादेयता (हिमाचल प्रदेश के विशेष संदर्भ में). Janmat Power National Research Journal, OCT-2021, 56-62. ISSN No 2582-6557.