Curriculum vitae

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Personal Details

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Citizenship India

Professional Qualifications

- Ph.D. in Sociology with topic "*Shifting Equations: Religion, Politics and Gender in Jammu and Kashmir*", University of Jammu, 2016.
- M. Phil. in Sociology with topic "*Gender and Politics of Exclusion: Permanent Resident Disqualification Bill in Jammu and Kashmir",* University of Jammu, 2009-11.
- Masters in Sociology, University of Jammu, 2006-08.
- Bachelor of Arts, GCW, Udhampur, University of Jammu, 2003-06.
- Higher Secondary Examination, J&K Board of School Education, 2003.

Employment History

- **Assistant Professor in the Department of Sociology and Social Anthropology, Central University of Himachal Pradesh**
- Teaching in Central University of Himachal Pradesh since 2016.
- 2 years teaching experience (PG) as Lecturer in the Department of Sociology at Ramnagar Campus, University of Jammu, J&K.
- 1 year teaching experience (UG) in Government PG College (Boys), Udhampur, J&K.
- Counselor at IGNOU Regional Centre, J&K since 2011.
- 1 year teaching experience as Guest Speaker/Consultant in Sher-I-Kashmir Police Academy Udhampur (J&K).
- 1 year teaching experience (PG) in Fly wing Institute of Education, Jammu.
- 7 year experience of working as a volunteer in a registered Society Bharat Nav Chetna Society".
  in Udhampur, J&K.
- 1 year registered NSV at Jammu, NYKS, Ministry of Youth Affairs and Sports, GOI.
- 3 months Experience of Counselor in HIV AIDS, ICTC at District Hospital, Udhampur, J&K.

Personal Distinctions

- Empanelled as Resource person in **National Commission for Women** (NCW), GOI.
- District **Youth Award**, 2004-05, by Ministry of Youth Affairs & Sports.
- Appreciation letter for **youth empowerment** programs in J&K organised by Nehru Yuva Kendra Sangathan, 2008.
- Appreciation letter for Exemplary **leadership abilities**, organised by NYKS, Ministry of Youth Affairs and Sports, GOI, 2005.
- NCC **B** & **C** Certificates.
- Appreciation letter for organizing National Conference, 2010 at Govt. Degree College, Udhampur, J&K.
- Commendation Certificate for **NCC**, 2005, by Govt. of J&K.
- Commendation Certificate for **NSS**, 2006, by Govt. of J&K.
- Appreciation letter of the NSS for sessions 2003-04, 2004-05, 2005-06.
- Certificate of appreciation for organizing 'Three day Personality Development Camp' in GDC (Boys), Udhampur.

Invited Seminars and Invited Conference Presentations (last 5 years)

- Resource Person on POJK DPs on *Parliament Resolution on Jammu and Kashmir dated 22 Feb 1994* on Feb 23, 2026 Organised by SOS, JNU.
- Resource Person in Three Day National Seminar on *Sapt Sindhu Region: A Geo-Cultural Identity* organised by Central Sanskrit University, Balhar, 2026.
- Observer in Two Week *Refresher Course in Sociology and Social Anthropology* on 10th March- 22nd March, 2025 organised by UGC MMTTC, Himachal Pradesh University, Shimla.
- Resource Person on *Parliament Resolution on Jammu and Kashmir dated 22 Feb 1994* on Feb 21, 2025 Organised by Dept. of Strategic and Regional Studies, University of Jammu
- Resource Person on *Cost of Freedom: Remembering the Horrors Partition* on Aug 16, 2024 Organised by Dept. of Strategic and Regional Studies, University of Jammu
- Panelist on *Partition Horrors Remembrance Day* on Aug 14, 2024 organised by Dept. of History, University of Jammu
- Resource Person in Ten Day (Virtual) International Faculty Development Programme on *Multidisciplinary Research Methodology* on 24th April- 3rd May, 2023, organized GCW Bhagwati Nagar.
- Resource Person in National Seminar on Partition Horrors Remembrance Day on Aug 25, 2022 organised by School of Social Sciences, Cluster University of Jammu.
- Resource Person in ICSSR sponsored Two days National Seminar on the theme "Independent India and Jammu Kashmir" on *Catastrophe of Displaced Community of POJK* on May 2, 2022 organised by Central University of Jammu.
- Delivered lecture on *Status of Women in Jammu and Kashmir after the Abrogation of Article 370* (online*)* on March 08, 2022 Organised by Central University of Jammu
- Delivered lecture on *Youth in Jammu and Kashmir: Challenges and Opportunities* on August 14, 2020 (online) org by GCW Bhagwati Nagar Jammu.

Professional Contributions (last 5 years)

- Member of **State Level Task Force** National Education Policy (2020), Himachal Pradesh.
- **Editorial Board Member** in Apricus Journals (IJSE).

Teaching

Doctoral Thesis Supervision

Ph.D

- Supervising 03 candidates
- Awarded 04 Candidate

MA Dissertation

- Awarded 56 candidates
- Supervising 03 Candidates

University Administration

- Held wardenship of Sharda Kanya Chatrawas (Girls Hostel), 2016-20
- NSS Programme Officer, 2022 onwards
- Remained a member of the Proctorial Board
- Working member of SPARSH committee, 2026
- Remained a member of the Anti-Ragging Committee,

Research Projects and Income

Year	Source of Fund	Project Tittle	Amount
2019	ICSSR	Jammu and Kashmir and Displaced Persons: A Study of their Socio, Economic and Political Conditions"	1800000
2024	ICSSR	"The Cultural Mapping of Displaced Communities in North West Himalayan Region: A Study of Jammu and	700000

		Kashmir & Himachal Pradesh"	

Publications

- Research Paper entitled *Critical Analysis of Role of Government in the Relief and Rehabilitation of Displaced Persons of Pakistan occupied Jammu and Kashmir,* Chetana, I Vol. 1, January-March, 2020, ISSN: 2455-8729.
- Research Paper entitled *Gender Perspective and Empowerment*, International Journal of Creative Research Thoughts, ISSN: 2320-2882, Vol.8 (4), April 2020.
- Research Paper entitled *Media and Gender Stereotyping: Portrayal of women in Indian Media*, IJRAR, E-ISSN: 2348 -1269, P-ISSN: 2346-5138, Vol.7 (2), May 2020.
- Research Paper entitled *Changing Status of Women in Jammu and Kashmir Through New Domicile Rules: A Step Towards Equality,* Shodh Sanchar Bulletin, ISSN: 2456-4184 Vol 7(8), Aug, 2022.
- Research Paper entitled *History of State Sponsored Inequality with Daughters in Jammu & Kashmir: A Sociological Analysis,* International Journal of Novel Research and Development, ISSN: 2229-3620 Vol 11(41), Jan-Mar, 2021.
- Research Paper entitled *Baltis of Ladakh: Exploring Their Culture and Tradition,* Kalakalpa: IGNCA Journal of Arts, Vol VII, No. 2 Basant Panchami, 2023.
- Research Paper entitled *Exploring the Historical and Archeological Significance of Krimchi Temples of Jammu ,* Kalakalpa: IGNCA Journal of Arts, Volume IX, No.1, Guru Purnima, 2024.
- Research Paper entitled *Unheard Voices and Silent Migration: A Study of Structural Constraints on Jammu Migrants of J&K ,* Tulsi Prajna, Vol.202, April-June, 2024.
- Research Paper entitled *Terrorist turned Ikhwans: The Lesser Known Victims of terrorism in Jammu and Kashmir,* HPUJ, Vol.13 No. 1, June 2025.
- Research Paper entitled *Folk Culture of Parachinaris: A Lesser Known Displaced Community settled in Chamba District of Himachal Pradesh,* International Journal of Cultural Studies and Social Sciences, Vol. XXIV, No. XXVII, June 2025.
- Research Paper entitled *Reconsructing Identity and Institutionl Integration: A Study of Displaced Persons of Pakistan Occupied Jammu and Kashmir,* HPUJ, Vol.14 No. 1, June 2026.